

ARCC

PROGRAMS

ESTABLISHED 1983

www.arccprograms.com

POINT REYES: WILDERNESS MEDICINE

8-12 DAYS

TUITION

\$2200 - \$3400*

GRADES

7TH - 12TH

SEASON

SPRING - FALL

16

HOURS OF WILDERNESS
MEDICAL TRAINING

Begin your wilderness adventure by learning valuable first aid and CPR skills while completing your Wilderness First Aid (WFA) certification. From cuts and sprains to serious trauma, our interactive WFA course teaches us patient assessment and treatment tools for a multitude of injuries that one may experience in the backcountry setting. After completing our WFA certification we make our way to the beautiful coastline of Point Reyes National Seashore for a 4-day, 3-night backpacking adventure. Our wilderness experience allows us to practice essential Leave No Trace techniques, dive into ARCC's Leadership Curriculum, and experience the stunning California coast from a unique perspective. Emerging from the backcountry we feel a sense of pride and camaraderie for our accomplishments, and celebrate our achievements with a final feast!



PROGRAM HIGHLIGHTS

- **Explore the Rugged and Stunning Golden Coast of Northern California by Land and Kayak**
- **Earn Your Wilderness First Aid and CPR Certifications**
- **Backpack the Beautiful Point Reyes National Seashore, Exploring Coastal Waterfalls and Colorful Tide Pools**
- **Develop Essential Leadership and Wilderness Skills through ARCC's Leadership Curriculum and Hands-On Wilderness Experiences**
- **Gain a Unique Perspective of California's Coast While Kayaking in Tomales Bay**
- **Catch a Sunset at Golden Gate Bridge and Reflect on Your Memorable Adventure**

CUSTOMIZE THIS PROGRAM TO MEET YOUR NEEDS!

** Tuition price dependent on trip length, activities, and group size. Airfare not included.*

For more information and a detailed itinerary contact Bryan Salyer at bryan@arccprograms.com/(415) 332-5075.